Club	Kids Kung Fu at MICH		
	Register online at http://www.jingying.org/programs/MICH.htm		
Provider	Jing Ying Institute of Kung Fu and Tai Chi		
	<u>www.jingying.org</u>		
Description	Kid's Kung Fu is offered at MICH in partnership with Jing Ying Institute, located in Arnold. Kung Fu provides a whole body exercise that improves strength, flexibility, coordination, courage, and determination without promoting aggression. It also teaches good body mechanics that can transfer to any sport or physical activity. Children will learn self-defense techniques while gaining confidence, learning respect, and having fun! Parents will receive progress reports, and students will have the option of testing for belts. Students will need to wear comfortable clothes (sweatpants, shorts, T-shirts) and sneakers. Optional uniforms are available for \$35 plus tax.		
Day	Friday		
Ages	6 to 12		
Class Time	3:15 to 4:15 pm		
Dates	8 Classes in session 1 2009 - Oct 9, 23 Nov 6, 13, 20 Dec 4, 11, 18	8 Classes in session 2 2010 - Jan 15, 22, 29 Feb 5, 12, 19, 26 Mar 5	8 Classes in session 3 2010 - Mar 26 Apr 9, 16, 23, 30 May 14, 21, 28
Make-Up Date(s)	Jan 8 (only if a regular class is cancelled)	Mar 19 (only if a regular class is cancelled)	Jun 4 (only if a regular class is cancelled)
Section Sectin Section Section Section Section Section Section Section Section			
Kids K	Kids Kung Fu  Registration Form (please detach and return Keep top section for your records		
Student Name: Age:			
	e: Grade:		
Previous experience with martial arts: □ none □ Yes (Describe where and how long):			
My child's photograph may be used in promotional materials for:  □ MICH □ Jing Ying Institute □ neither			
☐ I have signed and attached the Release Form for this activity.			
Parent Signature: Date:			
Preferred e-mail for club news and updates:			
BUSINESS OFFICE USE ONLY			
Date:	Check #	Amt \$ 1	Initials